

# Achham in Numbers

- 250,000** Population of Achham
- 0** Number of allopathic doctors in Achham before Nyaya
- 2** Number of allopathic doctors in Achham hired by Nyaya
- 10** Hours in bus to reach the nearest airport and operating room
- 14** Hours in bus to reach the nearest intensive care unit
- 1 in 125** Deliveries results in the mother's death
- 64** Number of stillborns for every 1,000 live births
- 50%** Of men migrate to India for work, over 7% return with HIV
- 83** In 1,000 children don't survive past the age of five
- 99.5%** Of babies are born in homes and cattle sheds
- 50¢** Average daily per capita income in Achham
- 60%** Of children are chronically malnourished

Nyaya Health is a 501(c)(3) nonprofit organization working to improve the health of poor communities in Nepal through the provision of medical and public health services.



## NYAYA HEALTH

**United States:**  
135 College Street, Suite 323  
New Haven, CT 06510

Phone: +1-724-986-5050  
Fax: +1-630-604-8615

**Nepal:**  
Bajalpata Hospital  
Bajalpata, Ridikot VDC  
Achham

Phone: +977-094-690-404

**Internet:**  
Email: [info@nyayahealth.org](mailto:info@nyayahealth.org)  
Website: [www.nyayahealth.org](http://www.nyayahealth.org)  
Wiki: [wiki.nyayahealth.org](http://wiki.nyayahealth.org)  
Blog: [blog.nyayahealth.org](http://blog.nyayahealth.org)

### To Donate

Over 99% of your generous tax-deductible donation goes to direct patient services in Nepal. Please go to [www.nyayahealth.org/donate](http://www.nyayahealth.org/donate) or mail a check to Nyaya Health at 135 College St, Suite 323, New Haven, CT 06510.

## NYAYA HEALTH

Working with communities to save lives in rural Nepal.



## Saving lives ...

## Building communities...

## Delivering Results

### Overview

Nyaya Health is a 501(c)(3) nonprofit organization working to improve the health of poor communities in Nepal.

We are rapidly and effectively developing a locally-driven, accountable health system in the rural, war-affected, and impoverished district of Achham. The district suffers from some of the highest maternal and child mortality rates in South Asia.

Our next goal is to expand services in a hospital we have renovated. The projected five-year cost to achieve this is \$1,200,000. As of July 2009, we have raised \$330,000.

### Our Board

Bibhav Acharya, Yale School of Medicine  
Bijay Acharya, MBBS, Bronx Hospital  
Jason Andrews, MD, Harvard Medical School, Co-Founder  
Chhitij Bashyal, Yale University  
Sanjay Basu, MD, PHD, UCSF School of Medicine, Co-Founder  
Duncan Smith-Rohrberg Maru, MD, PHD, Harvard Medical School, Co-Founder  
Shefali Oza, MSc, Bayalpata Hospital, Executive Director  
Ryan Schwarz, Yale School of Medicine, Director of Operations  
Aditya Sharma, MD, Contra Costa Regional Health Center  
Jhapat Bahadur Thapa, MBBS, Bayalpata Hospital, Medical Director

### Our Successes

- Treated over 15,000 patients
- Built Achham's only 24-hour delivery center
- Secured a five-year contract with the Nepali government to deliver hospital services
- Hired local medical staff, including a physician and community health workers
- Became the government's vaccine holding site for the local area
- Deployed the region's first ultrasound
- Established the area's first internet connections

### Our Goals

- Continue to strengthen local collective action in advocating with government for improved health services
- Renovate the abandoned government hospital in neighboring village of Bayalpata
- Expand primary care and normal delivery services to the hospital
- Build a 14-bed inpatient ward
- Establish blood transfusion capacity
- Expand existing laboratory services
- Expand surgical services
- Develop sustainable energy solutions

### What Can Your Dollars Do?

**\$50**

Pay for the materials and staff for a safe delivery to one woman

**\$500**

Support one community health worker for one year

**\$3,000**

Pay the salaries of three midwives for one year

**\$15,000**

Build the hospital laboratory

**\$30,000**

Provide equipment and 1-year operating costs of a blood transfusion center

**\$65,000**

Pay for the capital and 1-yr operating costs of surgical suite

**\$170,000**

Run the hospital for one year

*Over 99% of funds go to patient services in Nepal*



### Why Donate to Us?

- We save lives in one of the most impoverished communities on earth.
- We empower local community members to take ownership over services.
- Our clinic is run by an all-Nepali staff, which ensures that your money leads to both local health-care and to job creation.
- We have minimal overhead with our all-volunteer staff in the US and Kathmandu.
- We publish transparently online our line-by-line expenditures and program evaluations.